



Psychotropics

Patient information

Patient name (اسم المريض الثلاثي) _____ Date of birth _____ Male Female
Mohafaza and Caza (المحافظة والقضاء) _____ City (البلدة) _____
Street _____ Building _____ Phone _____ / _____

Medical Information

Height _____ cm Weight _____ kg Body Mass Index (BMI) _____ kg/m²
Waist Circumference _____ cm Blood Pressure _____ mmHg
Course of Illness First episode Relapse Chronic

Diagnosis

- Schizophrenia (F20.0 to F29) Bipolar disorders (F30.0 to F31.9)
 Depression disorders (F32.0 to F39) Anxiety disorders (GAD, PTSD, OCD...) (F40.0 to F48.9)
 Developmental disorders (F70.0 to F79.9) Behavioural and Emotional disorders (ADHD...) (F90.0 to F99)
 Other Mental Health disorders (F01.0 to F19.9; F50.0 to F69; F80.0 to F89), specify _____

Medications

Mention all current treatments _____

Medication reconciliation done¹ Yes No

Psychotropic medication requested (name and dosage in mg/day) _____

Is this medication prescribed in line with MOPH guidelines? Yes No

If not, specify the reason for this exception _____

Physician Information

Physician Name _____ Phone number _____ LOP registration No _____

Date ____/____/____ Signature and Stamp _____

Documents to be submitted

- 1- Copy of ID (هوية أو إخراج قيد فردي) with a copy of the Quarantina card
- 2- Detailed psychiatric report (ensure mentioning the management of physical comorbidities such as diabetes and dyslipidemia where present in addition to informing the patient about potential severe side-effects of some psychotropic medications such as clozapine and atomoxetine)
- 3- Psychiatric prescription with exact dosage and duration
- 4- For clozapine (i.e. Leronex) prescription, CBC test (once every month)
- 5- For antipsychotic medications (if BMI>29): Metabolic syndrome once a year: blood glucose, lipid profile
- 6- Better to perform an EKG once before start of Paliperidone injection (i.e. Invega sustenna),

NB: This form must be completed by the treating physician personally, and original reports should be attached

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¹ Medication reconciliation is the process of comparing the newly prescribed medications to all of the medications that the patient has been taking; it is done to avoid medication errors such as omissions, duplications, dosing errors, or drug interactions